



BOWLS

- **Moroccan spicy tabbouleh** with raisins, cucumber, tomato, red onion and salad cheese (1,2,6,7,9,11,13,15), **V**
- **Spicy falafel** with spinach, peas and grated carrot (1,10). Served with haydari cream (6,11,15), **V**
- **Oven baked sweet potato** with beans, pickled yellow beets and peas. Served with horseradish vinaigrette (11,13,15), **VE**
- **Baked salmon** with marinated rice, grated carrot and fried celery (3,10). Served with parsley dressing (2,6,7,11,13), **GF**
- **Lemon roasted chicken** with pasta tossed in pesto on semi-dried tomatoes, edamame beans and haricot verts (1,6,7,9,15). Served with curry tomato dressing (2,6,11).
- **Barbecue marinated chicken** with quinoa with herbs, Chinese cabbage, carrot, red onion and corn (1,3,7,8,11,15). Served with barbecue dressing (1,3,7,8,11,15), **LF**
- **Teriyaki marinated beef brisket** with noodles, bean sprouts, edamame beans, grated carrot and cabbage (1,2,3,7,8,10,13,15). Served with goma dressing (1,4,7,8), **LF**

SYMBOL EXPLANATION

- V** Vegetarian
- VE** Vegan
- LF** Lactose free
- GF** Gluten-free
- GFB** Gluten-free bread option

ALLERGENS

- (1) Gluten
- (2) Eggs
- (3) Fish
- (4) Peanuts
- (5) Shellfish
- (6) Milk
- (7) Soya
- (8) Sesame seeds
- (9) Nuts
- (10) Celery
- (11) Mustard
- (12) Lupin
- (13) Sulphur dioxide
- (14) Molluscs
- (15) Garlic

SANDWICH

- **Falafel** with haydari cream, spinach, peas and grated carrot ((1),8,9,10,11,13,15), **VE LF GFB**
- **Split pea hummus**, spice baked courgette and carrot ((1),7,8,9,10,11,13,15), **VE GF GFB**
- **Cold smoked salmon** with parsley cream, cucumber, tomato, grated carrot and lettuce ((1),2,3,6,11), **GFB**
- **BLT** with tomato, mayonnaise, bacon, cucumber, red onion and basil ((1),2,6,13,15), **GFB**
- **Chicken and bacon** with curry tomato cream, carrot, cucumber and tomato ((1),2,6,11,13,15), **GFB**
- **Roast loin** with mustard dressing, red cabbage, pickled pickles and salad ((1),2,6,7,11,10,13,15), **GFB**
- **Meatball** with herb mayonnaise, red cabbage, pickled pickles and salad (1,2,6,11,13,15).
- **Pulled beef brisket** with horseradish cream, pickled red onions and cucumber ((1),2,7,10,11,13,15), **GFB**

BREAD TYPES

Choose from light, dark or gluten-free bread.

TWO
PIECES
OPEN

SANDWICHES

- **Avocado** with tomato, chilli cream and herbs
Split pea hummus with spiced baked courgette and carrot ((1),2,6,8,10,11,13,15), **V GFB**
- **Beetroot tartare** with horseradish and herbs
Pea spread with pickled pumpkin and herbs ((1),10,11,13), **VE GFB**
- **Eggs and prawns** with lemon, mayonnaise, roe and dill
Liver pâté with bacon and home-pickled beetroots (1,2,3,6,5,11,13,15),
- **Fish fillet** with prawns, coarse remoulade, lemon and dill.
Pork loin with red cabbage and pickles (1,2,3,5,10,11,13), **LF**
- **Sausage roll** with Italian salad
Chicken salad with bacon, grilled pineapple and chives ((1),2,6,7,10,11,13,15), **GFB**

GLUTEN-FREE RYE BREAD
Option to choose gluten-free rye bread on selected open sandwich packages.

WARM

CHOOSE BETWEEN
WARM PORTIONED DISHES

- Favourite
- Vegetarian
- Vegan
- Gluten/lactose free
- Halal.

INCLUDED

Order from day to day

From just 1 person

Free of choice

TAPAS

Tapas board of the day, served with four elements.
Served with focaccia bread and rye bread (1-15).



WE ALSO PROVIDE

CATERING FOR MEETINGS

CAKE EVERY THURSDAY

CONTACT US

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All lunch packages follow
the normal price

JESPERS TORVEKØKKEN

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